

Austin Street Center

Food Instructions

- I. You are asked to prepare and package enough food to feed twenty-four (24) people.
 - A. Sandwiches
 1. Prepare 24 sandwiches using food that is both nutritious and portable. Any bread and meat, cheese, spread or other filling may be used. This can be anywhere from peanut butter and jelly on white bread to ham and Swiss cheese on a croissant. . Use your imagination. Please do not put mayo, mustard, or other condiments on the sandwich. The church will provide those items separately.
 2. Wrap each serving individually in either a sandwich bag or wrap in clear plastic wrap. If you wish to include cheese in the sandwich that needs to be separately wrapped and included in the sandwich bag.
 3. It is suggested that you put the completed sandwich bags in the bread wrapper. That makes it easier to transport. Also, please note the type of sandwich (PB&J, turkey, or whatever). That really helps in serving as the sandwiches need to be sorted by type.
 - B. Hard-boiled Eggs
 1. Prepare 24 hard-boiled eggs. Leave the shells on the eggs.
 2. The same egg carton supplied by the grocery store may be used to package the cooked eggs.
 - C. *Fruit*
 1. Provide 24 pieces or servings of fruit.
 2. Recommended are bananas, oranges, pears, plums, grapes, or raisins (in small individual serving boxes). Apples are not recommended.
- II. Place all the food together in a medium sized box or large sack so that it may be easily transported to the center. You are also asked to include some plastic grocery store sacks with the food. The sacks will be given out as people go through the line.
- III. If you are also going to the center to serve, simply bring the food when you gather at 5:30 AM. If you are only preparing, you may deliver your food to the church on the Saturday immediately before the service date between Noon and 1:00 PM. A representative from UMM will be there to assist you. Please tell him what needs to be refrigerated. For many of the people we serve this may be their only sure source of food for the day. At the shelter the food will be placed by kind on tables for the men, women, and children who have spent the night there to select from as they pass by. These are our brothers and sisters that have far fewer choices than we do so let's give them a variety of sandwiches and fruit to choose from.

Jesus said, when we do this for the least of these - the hungry, the thirsty, the stranger, the sick, the imprisoned - we do it for Him.